**Racial Self-Care and Allyship**
- Adames, Hector Y. and Chavez-Dueñas, Nayeli Y., “Surviving & Resisting Hate: A Toolkit For People of Color”
- Cadet, Danielle, “Your Black Colleagues May Look Like They’re Okay — Chances Are They’re Not”
- Gerwin, Virginia, “What Black Scientists Want from Colleagues and Their Institutions”
- Just Jasmine, “Self-Care for People of Color after Psychological Trauma”
- Miller, Rachel, “Self-Care Tips for Black People Who Are Struggling With This Very Painful Week”
- University of Michigan, Office of Diversity, Equity & Inclusion, “I Am So Tired”

**Teaching Resources**
- CUNY, “*Handbook for Facilitating Difficult Conversations*”
- Harvard University’s Bok Center for Teaching and Learning, “*Inclusive Teaching*”
- Harvard University’s Bok Center for Teaching and Learning, “Managing Hot Moments in the Classroom”
- Insight into Diversity, “Encouraging Difficulty Classroom Discussions in Complicated Times”
- Kendi, Ibram X. “A History of Race and Racism in America, in 24 Chapters”
- Lewis-Clark State College CTL “*Teaching and Anti-Racism*”
- University of Michigan CRLT “*Diversity and Inclusion Teaching Resources*”
- WTTW, “Teaching About Laquan McDonald: A Toolkit for Teachers”
- Vanderbilt University “*Difficult Dialogues*”

**Anti-Racism Work**
- ACSD, “*How to be an anti-racist educator*”
- Aebersold, Andrea, “*Antiracist Pedagogy Reading List*”
- Flicker, Sarah Sophie and Alyssa Klein, “*Resources for Engaging in Anti-Racism Work*”
- Grundy, Saida, “*The False Promise of Anti-Racism Books*”
- Imazeki, Jennifer, “*Anti-Racism and Allyship in the Classroom*”
- Willamette University, “Anti-Racism Reading List”
- Tolerance.org “Responding to Everyday Bigotry”

**Helpful Websites and Other Reading Lists**
- American Council on Education, “Race and Ethnicity in Higher Education”
- Tolerance.org, “Teaching Tolerance”
- UCLA, “Diversity Equity and Inclusion Resources”
- Western Washington University’s “Social Justice Toolkit”:

**Resources Specific to the Asian, Asian American and Pacific Islander Communities**
- [https://asiacenter.harvard.edu/](https://asiacenter.harvard.edu/)
- [http://aacre.org/](http://aacre.org/)
- [https://asianamericanstudies.cornell.edu/anti-racism-resources-aapi-community](https://asianamericanstudies.cornell.edu/anti-racism-resources-aapi-community)
- [https://www.aapicovid19.org/resources](https://www.aapicovid19.org/resources)
- [http://asianprideproject.org/](http://asianprideproject.org/)
- [https://stopaapihate.org/](https://stopaapihate.org/)

**Resources Specific to the Black and African American Communities**
- [https://www.browngirlselfcare.com/podcast-1](https://www.browngirlselfcare.com/podcast-1)
- [https://lanekenworthy.net/inclusion-african-americans/](https://lanekenworthy.net/inclusion-african-americans/)
- Michael George Hanchard, *The Spectre of Race: How Discrimination Haunts Western Democracy*

**Resources Specific to the Latinx Community**
- [https://www.paloaltou.edu/latinx-student-resources](https://www.paloaltou.edu/latinx-student-resources)
- [http://thefocusonyou.com/](http://thefocusonyou.com/)
- [https://amplifylatinx.co/](https://amplifylatinx.co/)
- [https://www.nextgencollective.com/](https://www.nextgencollective.com/)
- [https://gustavus.edu/diversity/LatinxResources.php](https://gustavus.edu/diversity/LatinxResources.php)

**Resources Specific to the LGBTQ+ Community**
- [https://uwm.edu/lgbtrc/support/gender-pronouns/](https://uwm.edu/lgbtrc/support/gender-pronouns/)
- [https://www.accreditedschoolsonline.org/resources/lgbtq-student-support/](https://www.accreditedschoolsonline.org/resources/lgbtq-student-support/)
• https://www.nclrights.org/our-work/discrimination/employment/
• https://pflag.org/
• https://www.glaad.org/resourcelist
• http://www.netrj.org/resources_digital_story_project.html
• https://www.ithaca.edu/wise/sexual_orientation/

**Resources Specific to the Native American Community**

• http://nativeamericanheritagemonth.gov/about/

**Resources Regarding Accessibility on Zoom**

• https://www.washington.edu/doit/20-tips-teaching-accessible-online-course
• https://www.cast.org/impact/universal-design-for-learning-udl#.Xh38_1NKjyU
• https://rampages.us/facultyresources/accessibility-in-e-learning/
• https://altlab.vcu.edu/faculty-resources/