Racial Self-Care and Allyship

- Adames, Hector Y. and Chavez-Dueñas, Nayeli Y., "Surviving & Resisting Hate: A Toolkit For People of Color"
- Cadet, Danielle, "Your Black Colleagues May Look Like They're Okay — Chances Are They're Not"
- DiAngelo, Robin (2018). *White Fragility: Why It's So Hard for White People to Talk About Racism*. Boston: Beacon Press.
- Gerwin, Virginia, "What Black Scientists Want from Colleagues and Their Institutions"
- Hartlep, Nicholas D., Ball, Daisy (2019). *Racial Battle Fatigue in Faculty: Perspectives and Lessons from Higher Education*. New York: Routledge.
- Just Jasmine, "Self-Care for People of Color after Psychological Trauma"
- Miller, Rachel, "Self-Care Tips for Black People Who Are Struggling With This Very Painful Week"
- University of Michigan, Office of Diversity, Equity & Inclusion, "I Am So Tired"

Teaching Resources

- CUNY, "Handbook for Facilitating Difficult Conversations"
- hooks, bell. (2017). *Teaching to transgress: Education as the practice of freedom*. New York: Routledge.
- Harvard University's Bok Center for Teaching and Learning, "Inclusive Teaching"
- Harvard University's Bok Center for Teaching and Learning, "Managing Hot Moments in the Classroom"
- Insight into Diversity, "Encouraging Difficulty Classroom Discussions in Complicated Times"
- Kendi, Ibram X. "A History of Race and Racism in America, in 24 Chapters"
- Lewis-Clark State College CTL "Teaching and Anti-Racism"
- Perlow, O. N., Wheeler, D. I., Bethea, S. L., & Scott, B. M. (2018). *Black Women's Liberatory Pedagogies: Resistance, Transformation, and Healing Within and Beyond the Academy*. Cham: Springer International Publishing
- Sue, Derald Wing, (2015). *Race Talk and the Conspiracy of Silence: Understanding and Facilitating Difficult Dialogues on Race.* Hoboken: John Wiley and Sons, Inc.
- University of Michigan CRLT "Diversity and Inclusion Teaching Resources"
- U.S. Commission on Civil Rights, "Police Use of Force: An Examination of Modern Policing Practices"; "2018 Report"
- WTTW, "Teaching About Laquan McDonald: A Toolkit for Teachers"
- Vanderbilt University "Difficult Dialogues"

Anti-Racism Work

- ACSD, "How to be an anti-racist educator":
- Aebersold, Andrea, "Antiracist Pedagogy Reading List"
- Flicker, Sarah Sophie and Alyssa Klein, "Resources for Engaging in Anti-Racism Work"
- Grundy, Saida, "The False Promise of Anti-Racism Books"
- Imazeki, Jennifer, "Anti-Racism and Allyship in the Classroom,"
- Kendi, Ibram X. (2019). *How to Be An Antiracist*. New York: One World.

- Moore Jr, Eddie, "21-Day Racial Equity Habit Building Challenge":
- The Smithsonian National Museum of African American History & Culture, "Talking About Race"
- Williamette University, "Anti-Racism Reading List"
- Tolerance.org "Responding to Everyday Bigotry"

Helpful Websites and Other Reading Lists
- American Council on Education, "Race and Ethnicity in Higher Education"
- Tolerance.org, "Teaching Tolerance"
- UCLA, "Diversity Equity and Inclusion Resources"
- Western Washington University's "Social Justice Toolkit":

Resources Specific to the Asian, Asian American and Pacific Islander Communities
- https://asiacenter.harvard.edu/
- http://aacre.org/
- https://asianamericanstudies.cornell.edu/anti-racism-resources-aapi-community
- https://www.aapicovid19.org/resources
- http://asianprideproject.org/
- https://stopaapihate.org/

Resources Specific to the Black and African American Communities
- https://www.browngirlselfcare.com/podcast-1 https://www.psychologytoday.com/us/blog/culturally-speaking/201607/proactively-coping-racism https://lanekenworthy.net/inclusion-african-americans/
- https://hbr.org/2019/11/toward-a-racially-just-workplace
- Michael George Hanchard, *The Spectre of Race: How Discrimination Haunts Western Democracy*

Resources Specific to the Latinx Community
- https://www.paloaltou.edu/latinx-student-resources https://sites.ed.gov/hispanic-initiative/files/2015/03/Improving-Diverse-and-Inclusive-Teacher-Pipelines_WhitePaper.pdf
- http://thefocusonyou.com/
- https://www.history.com/news/hispanic-latino-latinx-chicano-background
- https://amplifylatinx.co/
- https://www.nextgencollective.com/
- https://gustavus.edu/diversity/LatinxResources.php

Resources Specific to the LGBTQ+ Community
- https://uwm.edu/lgbtrc/support/gender-pronouns/
- https://cft.vanderbilt.edu/guides-sub-pages/teaching-beyond-the-gender-binary-in-the-university-classroom/
- https://www.accreditedschoolsonline.org/resources/lgbtq-student-support/

- https://www.nclrights.org/our-work/discrimination/employment/
- https://pflag.org/
- https://www.glaad.org/resourcelist
- http://www.netrj.org/resources_digital_story_project.html
  https://www.ithaca.edu/wise/sexual_orientation/

Resources Specific to the Native American Community
- http://nativeamericanheritagemonth.gov/about/
- https://www.edi.nih.gov/people/sep/na/campaigns/native-american-heritage-month-2018/native-american-organizations

Resources Regarding Accessibility on Zoom
- https://www.washington.edu/doit/20-tips-teaching-accessible-online-course
- https://www.cast.org/impact/universal-design-for-learning-udl#.Xh38_1NKjyU
- https://rampages.us/facultyresources/accessibility-in-e-learning/
- https://altlab.vcu.edu/faculty-resources/