**Racial Self-Care and Allyship**
- Adames, Hector Y. and Chavez-Dueñas, Nayeli Y., “Surviving & Resisting Hate: A Toolkit For People of Color”
- Cadet, Danielle, “Your Black Colleagues May Look Like They’re Okay — Chances Are They’re Not”
- Gerwin, Virginia, “What Black Scientists Want From Colleagues and Their Institutions”
- Just Jasmine, “Self-Care for People of Color after Psychological Trauma”
- Miller, Rachel, “Self-Care Tips for Black People Who Are Struggling With This Very Painful Week”
- University of Michigan, Office of Diversity, Equity & Inclusion, “I Am So Tired”

**Teaching Resources**
- CUNY, “*Handbook for Facilitating Difficult Conversations*”
- Harvard University’s Bok Center for Teaching and Learning, “Inclusive Teaching”
- Harvard University’s Bok Center for Teaching and Learning, “Managing Hot Moments in the Classroom”
- Insight into Diversity, “Encouraging Difficulty Classroom Discussions in Complicated Times”
- Kendi, Ibram X. “*A History of Race and Racism in America, in 24 Chapters*”
- Lewis-Clark State College CTL “Teaching and Anti-Racism”
- University of Michigan CRLT “Diversity and Inclusion Teaching Resources”
- WTTW, “Teaching About Laquan McDonald: A Toolkit for Teachers”
- Vanderbilt University “Difficult Dialogues”

**Anti-Racism Work**
- ACSD, “How to be an anti-racist educator”:
- Aeberson, Andrea, “Antiracist Pedagogy Reading List”
- Flicker, Sarah Sophie and Alyssa Klein, “Resources for Engaging in Anti-Racism Work”
- Grundy, Saida, “The False Promise of Anti-Racism Books”
- Imazeki, Jennifer, “Anti-Racism and Allyship in the Classroom”
Williamette University, “Anti-Racism Reading List”
Tolerance.org “Responding to Everyday Bigotry”

**Helpful Websites and Other Reading Lists**
- American Council on Education, “Race and Ethnicity in Higher Education”
- Tolerance.org, “Teaching Tolerance”
- UCLA, “Diversity Equity and Inclusion Resources”
- Western Washington University’s “Social Justice Toolkit”: 