

An aerial photograph of the Rhodes College campus at dusk. The image shows several large, multi-story stone buildings with dark roofs. Many windows are illuminated from within, casting a warm glow. A prominent stone tower with a crenelated top is visible in the background. The sky is a mix of soft blues, purples, and oranges. In the foreground, there are paved walkways, some trees with autumn-colored leaves, and a small landscaped area with a light fixture.

# DAY PLANNER

# Fall 2020



Rhodes College  
—1848—

| FALL 2020 SEMESTER CALENDAR              |                                                           |                                                                  |                                          |
|------------------------------------------|-----------------------------------------------------------|------------------------------------------------------------------|------------------------------------------|
| SUNDAY                                   | MONDAY                                                    | TUESDAY                                                          | WEDNESDAY                                |
| 16 AUGUST                                | 17                                                        | 18                                                               | 19                                       |
| 23 ORIENTATION FOR NEW STUDENTS          | 24 ORIENTATION FOR NEW STUDENTS<br>DROP/ADD PERIOD BEGINS | 25 ORIENTATION FOR NEW STUDENTS                                  | 26 FALL CLASSES BEGIN                    |
| 30                                       | 31                                                        | 1 SEPTEMBER<br>ENROLLMENT CLEARANCE ENDS<br>DROP/ADD PERIOD ENDS | 2 EXTENDED DROP PERIOD BEGINS            |
| 6                                        | 7                                                         | 8                                                                | 9                                        |
| 13                                       | 14                                                        | 15 PASS/FAIL OPTION ENDS<br>EXTENDED DROP PERIOD ENDS            | 16 WITHDRAW PERIOD BEGINS                |
| 20                                       | 21                                                        | 22                                                               | 23 LAST DAY TO REMOVE CONDITIONAL GRADES |
| 27                                       | 28                                                        | 29                                                               | 30                                       |
| 4                                        | 5                                                         | 6                                                                | 7                                        |
| 11                                       | 12                                                        | 13                                                               | 14 END OF FIRST SEVEN WEEKS              |
| 18                                       | 19                                                        | 20                                                               | 21 FALL BREAK                            |
| 25                                       | 26                                                        | 27                                                               | 28 SPRING 2020 REGISTRATION BEGINS       |
| 1 NOVEMBER<br>DAYLIGHT SAVINGS TIME ENDS | 2                                                         | 3                                                                | 4                                        |
| 8                                        | 9                                                         | 10                                                               | 11                                       |
| 15                                       | 16                                                        | 17                                                               | 18                                       |
| 22                                       | 23                                                        | 24 THANKSGIVING BREAK                                            | 25 THANKSGIVING BREAK                    |
| 29                                       | 30 CLASSES RESUME                                         | 1 DECEMBER                                                       | 2                                        |
| 6 READING DAY                            | 7 FINAL EXAMS                                             | 8 FINAL EXAMS                                                    | 9 FINAL EXAMS                            |
| 13                                       | 14 FINAL GRADES DUE                                       | 15                                                               | 16                                       |

| FALL 2020 SEMESTER CALENDAR     |                                                        |                                 |       |
|---------------------------------|--------------------------------------------------------|---------------------------------|-------|
| THURSDAY                        | FRIDAY                                                 | SATURDAY                        | NOTES |
| 20 ORIENTATION FOR NEW STUDENTS | 21 ORIENTATION FOR NEW STUDENTS<br>OPENING CONVOCATION | 22 ORIENTATION FOR NEW STUDENTS |       |
| 27                              | 28                                                     | 29                              |       |
| 3                               | 4                                                      | 5                               |       |
| 10                              | 11                                                     | 12                              |       |
| 17                              | 18                                                     | 19                              |       |
| 24                              | 25                                                     | 26                              |       |
| 1 OCTOBER                       | 2                                                      | 3                               |       |
| 8                               | 9                                                      | 10                              |       |
| 15                              | 16 MID-TERM GRADES DUE                                 | 17                              |       |
| 22 CLASSES RESUME               | 23                                                     | 24                              |       |
| 29                              | 30 WITHDRAW PERIOD ENDS                                | 31                              |       |
| 5                               | 6                                                      | 7                               |       |
| 12                              | 13                                                     | 14                              |       |
| 19                              | 20                                                     | 21                              |       |
| 26 THANKSGIVING BREAK           | 27 THANKSGIVING BREAK                                  | 28 THANKSGIVING BREAK           |       |
| 3                               | 4 CLASSES END                                          | 5 READING DAY                   |       |
| 10 FINAL EXAMS                  | 11 FINAL EXAMS<br>END OF FALL SEMESTER                 | 12                              |       |
| 17                              | 18                                                     | 19                              |       |

## 32-Day Commitment

*As we make and keep commitments, even small commitments, we begin to establish an inner integrity that gives us the awareness of self-control and the courage and strength to accept more of the responsibility for our own lives. By making and keeping promises to ourselves and others, little by little, our honor becomes greater than our moods.*

---Stephen Covey

Because I believe the following commitment will help me achieve more of my desired outcomes and experiences, I promise myself that every day for the next 32 days I will \_\_\_\_\_.

|        |   |
|--------|---|
| Day 1  | ✓ |
| Day 2  |   |
| Day 3  |   |
| Day 4  |   |
| Day 5  |   |
| Day 6  |   |
| Day 7  |   |
| Day 8  |   |
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| Day 11 |   |
| Day 12 |   |
| Day 13 |   |
| Day 14 |   |
| Day 15 |   |
| Day 16 |   |

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|--------|
| Day 17 |
| Day 18 |
| Day 19 |
| Day 20 |
| Day 21 |
| Day 22 |
| Day 23 |
| Day 24 |
| Day 25 |
| Day 26 |
| Day 27 |
| Day 28 |
| Day 29 |
| Day 30 |
| Day 31 |
| Day 32 |

Thirty-two days is the length of time thought by some behavioral psychologists to be necessary for creating a new habit or extinguishing an old one. Therefore, if you miss a day, start your commitment again from Day 1.

# Tracking Form

*Superior performers are adept at putting into place systems that track progress*

-Daniel Goleman

## Dream:

### Long-Term Goal:

**Short-Term Goals (to be accomplished this semester):**

- 1.
- 2.
- 3.
- 4.
- 5.

Write down a list of habits that will help you reach your short-term goals. Track your progress to help hold yourself accountable.

## ACADEMIC Action Steps

Dates:

[illegible]

## PERSONAL Action Steps

Dates:

[illegible]

# Determine Your Priorities

“The key is not to prioritize what’s on your schedule, but to schedule your priorities.”

—Stephen Covey

URGENT

IMPORTANT

NOT URGENT

IMPORTANT

URGENT

NOT IMPORTANT

NOT URGENT

NOT IMPORTANT

|               | Urgent                                                  | Non-urgent                                                 |
|---------------|---------------------------------------------------------|------------------------------------------------------------|
| Important     | Do it:<br>High urgency<br>High importance               | Date activate (quality):<br>Low urgency<br>High importance |
| Not important | Delegate (deception):<br>High urgency<br>Low importance | Delete it (waste):<br>Low urgency<br>Low importance        |



# RHODES COLLEGE

# **PEER COACHES**

## CAN HELP WITH:

**Time Management**

**Managing Large Assignments**

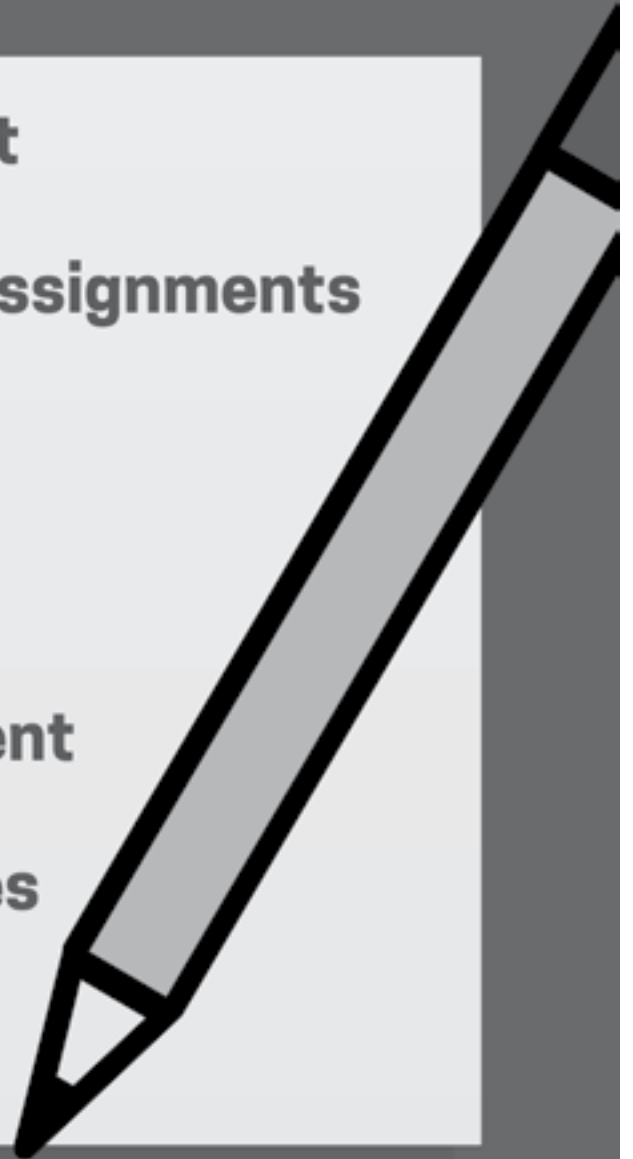
**Study Strategies**

**Organization**

**Stress Management**

**Reading Strategies**

**Motivation**



Schedule a Meeting:  
<https://rhodesstudentlife.as.me/peercoach>

## STRATEGIES FOR REMOTE LEARNING



- 1) **Do A Before School Prep.** Purchase your textbooks and course materials before classes start. Prep your study area with supplies, like pens/pencils/highlighters, folders, notebooks and sticky note pads. Print your course syllabus and any other course materials. Get a planner and calendar and make a schedule and to-do lists and update them regularly.
- 2) **Do A Pre-Course Tech-Check.** Make sure that your computer settings are up-to-date and everything is working properly; disable pop-up blockers; install the latest browser versions; check that you have a strong internet connection; have access to and login information for the different course platforms that you will use, like Zoom, Box, Moodle/Canvas.
- 3) **Establish Rapport with Your Professor.** Send a brief email introducing yourself before classes start and take advantage of their office hours.
- 4) **Don't Be Late.** Regardless if the class is online, log in a few minutes early so that you are settled and ready to go when the professor begins the class. Do this for class lectures, tests, presentations, guest speakers, etc.
- 5) **Be Present.** Take notes-- whether you are live on Zoom or watching a course-related video; regularly post on lesson/topic threads and comment during live class discussions, ask questions; close all non-course related tabs/apps on your computer to avoid distractions; put your phone away during class and study time.
- 6) **Check Your Email Every Day.** Better yet, check it at least twice a day. Carefully read all messages so you don't miss important information, course or assignment-related changes, or deadlines.
- 7) **Build A Network of Peers.** Ask questions and share your thoughts and ideas during class time; post and respond to classmates on course discussion threads; organize or join study groups; ask classmates for help with the content or assignments.
- 8) **Check Your Planner, Syllabus and Grades Often.** Update your to-do list and daily schedule as you complete assignments/tasks and new ones come up; stay on top of your grades to monitor your progress in the class and reach out for help as needed.
- 9) **Be The Champion of Online Group Work.** Connect with and schedule regular meetings with group members to check on the progress of the project; stay focused by keeping meetings project-centered; reach out to group members that have missed a meeting to see if they are okay, check the progress of their portion of the project and offer your help.
- 10) **Reach Out and Ask for Help!** Schedule time to meet with your course professor, faculty advisor, a peer coach or a peer tutor, or make an appointment with an academic counselor or mental health professional for additional help.

Resources: *Academic Success in the Times of Covid-19*, Rhodes College; *Top Tips for Student Success in Online Courses*, Dr. Michael Simonson, Nova Southeastern University; *How to be a Successful Online College Student*, Elisa Ramos, YouTube; *How to Ace Online Classes*, Erica Jewel, YouTube; *10 Habits of Successful College Students: How to Get Straight A's*, Alexa Golden, YouTube



## CREATING A POSITIVE MINDSET FOR REMOTE LEARNING



- 1) **Establish a Daily Routine.** Wake up at the same time every day; put on clean clothes; start your day with breakfast and schedule other meal times and breaks; go out for a walk/exercise and get some fresh air. Make time for yourself, family and friends.
- 2) **Keep a Calendar and Daily Planner.** Write down daily activities such as classes, professors' office hours, homework/study time, as well as leisure time (i.e. go for a walk/run, FaceTime with BFF, watch TV, play video games, etc.) so you have time in your day to do all the things you love while staying on track with your responsibilities.
- 3) **Set Reminders as You Work Through the Day** so you don't miss out on virtual class time, appointments or spend too much time on a single task or activity.
- 4) **Break Up Study Time into Chunks to Better Manage Your Time.** Also known as the Pomodoro Method. Concentrate on a subject/assignment for 25 minutes at a time. Take a 5 to 10-minute break, then resume activity for another 25 minutes. Repeat the process until you have completed the task/assignment. Then move on to the next task.
- 5) **Avoid Multitasking.** Assignments will take longer to complete, you will have a harder time remembering details and you will be more likely to make mistakes.
- 6) **Don't Procrastinate.** Don't wait until the last minute to work on assignments. Give yourself plenty of time to study the material, meet with your professors, classmates or peer tutors/coaches; or workaround technical issues.
- 7) **Don't Wait Until the Last Minute to Ask for Help!** Don't hesitate and reach out to your professors, classmates, tutors/coaches, or other campus staff and ask for help. The sooner your questions are answered, the less stressed and more focused will you feel.
- 8) **Refuel. Recharge. Reconnect.** Drink plenty of water; don't skip a meal; have a treat; get some fresh air; and get 6-8 hours of sleep each night. Your brain and body will thank you for it, by way of remembering details better, having more energy and being better focused.
- 9) **Have an Optimistic Attitude.** Everyone has an off-day or two. Don't let that keep you down and from reaching your goals. Get up and start where you left off. Prioritize your to-do list, manage your time wisely and don't forget to take care of yourself.
- 10) **With careful planning and effectively managing your time,** you can have a balanced lifestyle where education and self-care are part of each other.

Resources: *Academic Success in the Times of Covid-19*, Rhodes College; *Top Tips for Student Success in Online Courses*, Dr. Michael Simonson, Nova Southeastern University; *How to be a Successful Online College Student*, Elisa Ramos, YouTube; *How to Ace Online Classes*, Erica Jewel, YouTube; *10 Habits of Successful College Students: How to Get Straight A's*, Alexa Golden, YouTube

| AUGUST 16 | AUGUST 17 | AUGUST 18 | AUGUST 19 | AUGUST 20 | AUGUST 21 | AUGUST 22 | TO DO LIST |
|-----------|-----------|-----------|-----------|-----------|-----------|-----------|------------|
| SUNDAY    | MONDAY    | TUESDAY   | WEDNESDAY | THURSDAY  | FRIDAY    | SATURDAY  |            |
| 7:00 am   | 7:00 am   | 7:00 am   | 7:00 am   | 7:00 am   | 7:00 am   | 7:00 am   |            |
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| AUGUST 23 | AUGUST 24 | AUGUST 25 | AUGUST 26 | AUGUST 27 | AUGUST 28 | AUGUST 29 | TO DO LIST |
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| AUGUST 30 | AUGUST 31 | SEPTEMBER 1 | SEPTEMBER 2 | SEPTEMBER 3 | SEPTEMBER 4 | SEPTEMBER 5 | TO DO LIST |
|-----------|-----------|-------------|-------------|-------------|-------------|-------------|------------|
| SUNDAY    | MONDAY    | TUESDAY     | WEDNESDAY   | THURSDAY    | FRIDAY      | SATURDAY    |            |
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| SEPTEMBER 6 | SEPTEMBER 7 | SEPTEMBER 8 | SEPTEMBER 9 | SEPTEMBER 10 | SEPTEMBER 11 | SEPTEMBER 12 | TO DO LIST |
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| 10:00 pm    | 10:00 pm    | 10:00 pm    | 10:00 pm    | 10:00 pm     | 10:00 pm     | 10:00 pm     |            |
|             |             |             |             |              |              |              |            |

| SEPTEMBER 13 | SEPTEMBER 14 | SEPTEMBER 15 | SEPTEMBER 16 | SEPTEMBER 17 | SEPTEMBER 18 | SEPTEMBER 19 | TO DO LIST |
|--------------|--------------|--------------|--------------|--------------|--------------|--------------|------------|
| SUNDAY       | MONDAY       | TUESDAY      | WEDNESDAY    | THURSDAY     | FRIDAY       | SATURDAY     |            |
| 7:00 am      | 7:00 am      | 7:00 am      | 7:00 am      | 7:00 am      | 7:00 am      | 7:00 am      |            |
|              |              |              |              |              |              |              |            |
| 8:00 am      | 8:00 am      | 8:00 am      | 8:00 am      | 8:00 am      | 8:00 am      | 8:00 am      |            |
|              |              |              |              |              |              |              |            |
| 9:00 am      | 9:00 am      |              | 9:00 am      |              | 9:00 am      | 9:00 am      |            |
|              |              | 9:30 am      |              | 9:30 am      |              |              |            |
| 10:00 am     | 10:00 am     |              | 10:00 am     |              | 10:00 am     | 10:00 am     |            |
|              |              |              |              |              |              |              |            |
| 11:00 pm     | 11:00 pm     | 11:00 pm     | 11:00 pm     | 11:00 pm     | 11:00 pm     | 11:00 pm     |            |
|              |              |              |              |              |              |              |            |
| 12:00 pm     | 12:00 pm     |              | 12:00 pm     |              | 12:00 pm     | 12:00 pm     |            |
|              |              | 12:30 pm     |              | 12:30 pm     |              |              |            |
| 1:00 pm      | 1:00 pm      |              | 1:00 pm      |              | 1:00 pm      | 1:00 pm      |            |
|              |              |              |              |              |              |              |            |
| 2:00 pm      | 2:00 pm      | 2:00 pm      | 2:00 pm      | 2:00 pm      | 2:00 pm      | 2:00 pm      |            |
|              |              |              |              |              |              |              |            |
| 3:00 pm      | 3:00 pm      |              | 3:00 pm      |              | 3:00 pm      | 3:00 pm      |            |
|              |              | 3:30 pm      |              | 3:30 pm      |              |              |            |
| 4:00 pm      | 4:00 pm      |              | 4:00 pm      |              | 4:00 pm      | 4:00 pm      |            |
|              |              |              |              |              |              |              |            |
| 5:00 pm      | 5:00 pm      | 5:00 pm      | 5:00 pm      | 5:00 pm      | 5:00 pm      | 5:00 pm      |            |
|              |              |              |              |              |              |              |            |
| 6:00 pm      | 6:00 pm      | 6:00 pm      | 6:00 pm      | 6:00 pm      | 6:00 pm      | 6:00 pm      |            |
|              |              |              |              |              |              |              |            |
| 7:00 pm      | 7:00 pm      | 7:00 pm      | 7:00 pm      | 7:00 pm      | 7:00 pm      | 7:00 pm      |            |
|              |              |              |              |              |              |              |            |
| 8:00 pm      | 8:00 pm      | 8:00 pm      | 8:00 pm      | 8:00 pm      | 8:00 pm      | 8:00 pm      |            |
|              |              |              |              |              |              |              |            |
| 9:00 pm      | 9:00 pm      | 9:00 pm      | 9:00 pm      | 9:00 pm      | 9:00 pm      | 9:00 pm      |            |
|              |              |              |              |              |              |              |            |
| 10:00 pm     | 10:00 pm     | 10:00 pm     | 10:00 pm     | 10:00 pm     | 10:00 pm     | 10:00 pm     |            |
|              |              |              |              |              |              |              |            |



| SEPTEMBER 20 | SEPTEMBER 21 | SEPTEMBER 22 | SEPTEMBER 23 | SEPTEMBER 24 | SEPTEMBER 25 | SEPTEMBER 26 | TO DO LIST |
|--------------|--------------|--------------|--------------|--------------|--------------|--------------|------------|
| SUNDAY       | MONDAY       | TUESDAY      | WEDNESDAY    | THURSDAY     | FRIDAY       | SATURDAY     |            |
| 7:00 am      | 7:00 am      | 7:00 am      | 7:00 am      | 7:00 am      | 7:00 am      | 7:00 am      |            |
|              |              |              |              |              |              |              |            |
| 8:00 am      | 8:00 am      | 8:00 am      | 8:00 am      | 8:00 am      | 8:00 am      | 8:00 am      |            |
|              |              |              |              |              |              |              |            |
| 9:00 am      | 9:00 am      |              | 9:00 am      |              | 9:00 am      | 9:00 am      |            |
|              |              | 9:30 am      |              | 9:30 am      |              |              |            |
| 10:00 am     | 10:00 am     |              | 10:00 am     |              | 10:00 am     | 10:00 am     |            |
|              |              |              |              |              |              |              |            |
| 11:00 pm     | 11:00 pm     | 11:00 pm     | 11:00 pm     | 11:00 pm     | 11:00 pm     | 11:00 pm     |            |
|              |              |              |              |              |              |              |            |
| 12:00 pm     | 12:00 pm     |              | 12:00 pm     |              | 12:00 pm     | 12:00 pm     |            |
|              |              | 12:30 pm     |              | 12:30 pm     |              |              |            |
| 1:00 pm      | 1:00 pm      |              | 1:00 pm      |              | 1:00 pm      | 1:00 pm      |            |
|              |              |              |              |              |              |              |            |
| 2:00 pm      | 2:00 pm      | 2:00 pm      | 2:00 pm      | 2:00 pm      | 2:00 pm      | 2:00 pm      |            |
|              |              |              |              |              |              |              |            |
| 3:00 pm      | 3:00 pm      |              | 3:00 pm      |              | 3:00 pm      | 3:00 pm      |            |
|              |              | 3:30 pm      |              | 3:30 pm      |              |              |            |
| 4:00 pm      | 4:00 pm      |              | 4:00 pm      |              | 4:00 pm      | 4:00 pm      |            |
|              |              |              |              |              |              |              |            |
| 5:00 pm      | 5:00 pm      | 5:00 pm      | 5:00 pm      | 5:00 pm      | 5:00 pm      | 5:00 pm      |            |
|              |              |              |              |              |              |              |            |
| 6:00 pm      | 6:00 pm      | 6:00 pm      | 6:00 pm      | 6:00 pm      | 6:00 pm      | 6:00 pm      |            |
|              |              |              |              |              |              |              |            |
| 7:00 pm      | 7:00 pm      | 7:00 pm      | 7:00 pm      | 7:00 pm      | 7:00 pm      | 7:00 pm      |            |
|              |              |              |              |              |              |              |            |
| 8:00 pm      | 8:00 pm      | 8:00 pm      | 8:00 pm      | 8:00 pm      | 8:00 pm      | 8:00 pm      |            |
|              |              |              |              |              |              |              |            |
| 9:00 pm      | 9:00 pm      | 9:00 pm      | 9:00 pm      | 9:00 pm      | 9:00 pm      | 9:00 pm      |            |
|              |              |              |              |              |              |              |            |
| 10:00 pm     | 10:00 pm     | 10:00 pm     | 10:00 pm     | 10:00 pm     | 10:00 pm     | 10:00 pm     |            |
|              |              |              |              |              |              |              |            |

| SEPTEMBER 27 | SEPTEMBER 28 | SEPTEMBER 29 | SEPTEMBER 30 | OCTOBER 1 | OCTOBER 2 | OCTOBER 3 | TO DO LIST |
|--------------|--------------|--------------|--------------|-----------|-----------|-----------|------------|
| SUNDAY       | MONDAY       | TUESDAY      | WEDNESDAY    | THURSDAY  | FRIDAY    | SATURDAY  |            |
| 7:00 am      | 7:00 am      | 7:00 am      | 7:00 am      | 7:00 am   | 7:00 am   | 7:00 am   |            |
|              |              |              |              |           |           |           |            |
| 8:00 am      | 8:00 am      | 8:00 am      | 8:00 am      | 8:00 am   | 8:00 am   | 8:00 am   |            |
|              |              |              |              |           |           |           |            |
| 9:00 am      | 9:00 am      |              | 9:00 am      |           | 9:00 am   | 9:00 am   |            |
|              |              | 9:30 am      |              | 9:30 am   |           |           |            |
| 10:00 am     | 10:00 am     |              | 10:00 am     |           | 10:00 am  | 10:00 am  |            |
|              |              |              |              |           |           |           |            |
| 11:00 pm     | 11:00 pm     | 11:00 pm     | 11:00 pm     | 11:00 pm  | 11:00 pm  | 11:00 pm  |            |
|              |              |              |              |           |           |           |            |
| 12:00 pm     | 12:00 pm     |              | 12:00 pm     |           | 12:00 pm  | 12:00 pm  |            |
|              |              | 12:30 pm     |              | 12:30 pm  |           |           |            |
| 1:00 pm      | 1:00 pm      |              | 1:00 pm      |           | 1:00 pm   | 1:00 pm   |            |
|              |              |              |              |           |           |           |            |
| 2:00 pm      | 2:00 pm      | 2:00 pm      | 2:00 pm      | 2:00 pm   | 2:00 pm   | 2:00 pm   |            |
|              |              |              |              |           |           |           |            |
| 3:00 pm      | 3:00 pm      |              | 3:00 pm      |           | 3:00 pm   | 3:00 pm   |            |
|              |              | 3:30 pm      |              | 3:30 pm   |           |           |            |
| 4:00 pm      | 4:00 pm      |              | 4:00 pm      |           | 4:00 pm   | 4:00 pm   |            |
|              |              |              |              |           |           |           |            |
| 5:00 pm      | 5:00 pm      | 5:00 pm      | 5:00 pm      | 5:00 pm   | 5:00 pm   | 5:00 pm   |            |
|              |              |              |              |           |           |           |            |
| 6:00 pm      | 6:00 pm      | 6:00 pm      | 6:00 pm      | 6:00 pm   | 6:00 pm   | 6:00 pm   |            |
|              |              |              |              |           |           |           |            |
| 7:00 pm      | 7:00 pm      | 7:00 pm      | 7:00 pm      | 7:00 pm   | 7:00 pm   | 7:00 pm   |            |
|              |              |              |              |           |           |           |            |
| 8:00 pm      | 8:00 pm      | 8:00 pm      | 8:00 pm      | 8:00 pm   | 8:00 pm   | 8:00 pm   |            |
|              |              |              |              |           |           |           |            |
| 9:00 pm      | 9:00 pm      | 9:00 pm      | 9:00 pm      | 9:00 pm   | 9:00 pm   | 9:00 pm   |            |
|              |              |              |              |           |           |           |            |
| 10:00 pm     | 10:00 pm     | 10:00 pm     | 10:00 pm     | 10:00 pm  | 10:00 pm  | 10:00 pm  |            |
|              |              |              |              |           |           |           |            |

| OCTOBER 4 | OCTOBER 5 | OCTOBER 6 | OCTOBER 7 | OCTOBER 8 | OCTOBER 9 | OCTOBER 10 | TO DO LIST |
|-----------|-----------|-----------|-----------|-----------|-----------|------------|------------|
| SUNDAY    | MONDAY    | TUESDAY   | WEDNESDAY | THURSDAY  | FRIDAY    | SATURDAY   |            |
| 7:00 am   | 7:00 am   | 7:00 am   | 7:00 am   | 7:00 am   | 7:00 am   | 7:00 am    |            |
|           |           |           |           |           |           |            |            |
| 8:00 am   | 8:00 am   | 8:00 am   | 8:00 am   | 8:00 am   | 8:00 am   | 8:00 am    |            |
|           |           |           |           |           |           |            |            |
| 9:00 am   | 9:00 am   |           | 9:00 am   |           | 9:00 am   | 9:00 am    |            |
|           |           | 9:30 am   |           | 9:30 am   |           |            |            |
| 10:00 am  | 10:00 am  |           | 10:00 am  |           | 10:00 am  | 10:00 am   |            |
|           |           |           |           |           |           |            |            |
| 11:00 pm  | 11:00 pm  | 11:00 pm  | 11:00 pm  | 11:00 pm  | 11:00 pm  | 11:00 pm   |            |
|           |           |           |           |           |           |            |            |
| 12:00 pm  | 12:00 pm  |           | 12:00 pm  |           | 12:00 pm  | 12:00 pm   |            |
|           |           | 12:30 pm  |           | 12:30 pm  |           |            |            |
| 1:00 pm   | 1:00 pm   |           | 1:00 pm   |           | 1:00 pm   | 1:00 pm    |            |
|           |           |           |           |           |           |            |            |
| 2:00 pm   | 2:00 pm   | 2:00 pm   | 2:00 pm   | 2:00 pm   | 2:00 pm   | 2:00 pm    |            |
|           |           |           |           |           |           |            |            |
| 3:00 pm   | 3:00 pm   |           | 3:00 pm   |           | 3:00 pm   | 3:00 pm    |            |
|           |           | 3:30 pm   |           | 3:30 pm   |           |            |            |
| 4:00 pm   | 4:00 pm   |           | 4:00 pm   |           | 4:00 pm   | 4:00 pm    |            |
|           |           |           |           |           |           |            |            |
| 5:00 pm   | 5:00 pm   | 5:00 pm   | 5:00 pm   | 5:00 pm   | 5:00 pm   | 5:00 pm    |            |
|           |           |           |           |           |           |            |            |
| 6:00 pm   | 6:00 pm   | 6:00 pm   | 6:00 pm   | 6:00 pm   | 6:00 pm   | 6:00 pm    |            |
|           |           |           |           |           |           |            |            |
| 7:00 pm   | 7:00 pm   | 7:00 pm   | 7:00 pm   | 7:00 pm   | 7:00 pm   | 7:00 pm    |            |
|           |           |           |           |           |           |            |            |
| 8:00 pm   | 8:00 pm   | 8:00 pm   | 8:00 pm   | 8:00 pm   | 8:00 pm   | 8:00 pm    |            |
|           |           |           |           |           |           |            |            |
| 9:00 pm   | 9:00 pm   | 9:00 pm   | 9:00 pm   | 9:00 pm   | 9:00 pm   | 9:00 pm    |            |
|           |           |           |           |           |           |            |            |
| 10:00 pm  | 10:00 pm  | 10:00 pm  | 10:00 pm  | 10:00 pm  | 10:00 pm  | 10:00 pm   |            |
|           |           |           |           |           |           |            |            |

| OCTOBER 11 | OCTOBER 12 | OCTOBER 13 | OCTOBER 14 | OCTOBER 15 | OCTOBER 16 | OCTOBER 17 | TO DO LIST |
|------------|------------|------------|------------|------------|------------|------------|------------|
| SUNDAY     | MONDAY     | TUESDAY    | WEDNESDAY  | THURSDAY   | FRIDAY     | SATURDAY   |            |
| 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am    |            |
|            |            |            |            |            |            |            |            |
| 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am    |            |
|            |            |            |            |            |            |            |            |
| 9:00 am    | 9:00 am    |            | 9:00 am    |            | 9:00 am    | 9:00 am    |            |
|            |            | 9:30 am    |            | 9:30 am    |            |            |            |
| 10:00 am   | 10:00 am   |            | 10:00 am   |            | 10:00 am   | 10:00 am   |            |
|            |            |            |            |            |            |            |            |
| 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm   |            |
|            |            |            |            |            |            |            |            |
| 12:00 pm   | 12:00 pm   |            | 12:00 pm   |            | 12:00 pm   | 12:00 pm   |            |
|            |            | 12:30 pm   |            | 12:30 pm   |            |            |            |
| 1:00 pm    | 1:00 pm    |            | 1:00 pm    |            | 1:00 pm    | 1:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 3:00 pm    | 3:00 pm    |            | 3:00 pm    |            | 3:00 pm    | 3:00 pm    |            |
|            |            | 3:30 pm    |            | 3:30 pm    |            |            |            |
| 4:00 pm    | 4:00 pm    |            | 4:00 pm    |            | 4:00 pm    | 4:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm   |            |
|            |            |            |            |            |            |            |            |

| OCTOBER 18 | OCTOBER 19 | OCTOBER 20 | OCTOBER 21 | OCTOBER 22 | OCTOBER 23 | OCTOBER 24 | TO DO LIST |
|------------|------------|------------|------------|------------|------------|------------|------------|
| SUNDAY     | MONDAY     | TUESDAY    | WEDNESDAY  | THURSDAY   | FRIDAY     | SATURDAY   |            |
| 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am    |            |
|            |            |            |            |            |            |            |            |
| 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am    |            |
|            |            |            |            |            |            |            |            |
| 9:00 am    | 9:00 am    |            | 9:00 am    |            | 9:00 am    | 9:00 am    |            |
|            |            | 9:30 am    |            | 9:30 am    |            |            |            |
| 10:00 am   | 10:00 am   |            | 10:00 am   |            | 10:00 am   | 10:00 am   |            |
|            |            |            |            |            |            |            |            |
| 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm   |            |
|            |            |            |            |            |            |            |            |
| 12:00 pm   | 12:00 pm   |            | 12:00 pm   |            | 12:00 pm   | 12:00 pm   |            |
|            |            | 12:30 pm   |            | 12:30 pm   |            |            |            |
| 1:00 pm    | 1:00 pm    |            | 1:00 pm    |            | 1:00 pm    | 1:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 3:00 pm    | 3:00 pm    |            | 3:00 pm    |            | 3:00 pm    | 3:00 pm    |            |
|            |            | 3:30 pm    |            | 3:30 pm    |            |            |            |
| 4:00 pm    | 4:00 pm    |            | 4:00 pm    |            | 4:00 pm    | 4:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm   |            |
|            |            |            |            |            |            |            |            |

| OCTOBER 25 | OCTOBER 26 | OCTOBER 27 | OCTOBER 28 | OCTOBER 29 | OCTOBER 30 | OCTOBER 31 | TO DO LIST |
|------------|------------|------------|------------|------------|------------|------------|------------|
| SUNDAY     | MONDAY     | TUESDAY    | WEDNESDAY  | THURSDAY   | FRIDAY     | SATURDAY   |            |
| 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am    |            |
|            |            |            |            |            |            |            |            |
| 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am    |            |
|            |            |            |            |            |            |            |            |
| 9:00 am    | 9:00 am    |            | 9:00 am    |            | 9:00 am    | 9:00 am    |            |
|            |            | 9:30 am    |            | 9:30 am    |            |            |            |
| 10:00 am   | 10:00 am   |            | 10:00 am   |            | 10:00 am   | 10:00 am   |            |
|            |            |            |            |            |            |            |            |
| 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm   |            |
|            |            |            |            |            |            |            |            |
| 12:00 pm   | 12:00 pm   |            | 12:00 pm   |            | 12:00 pm   | 12:00 pm   |            |
|            |            | 12:30 pm   |            | 12:30 pm   |            |            |            |
| 1:00 pm    | 1:00 pm    |            | 1:00 pm    |            | 1:00 pm    | 1:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 3:00 pm    | 3:00 pm    |            | 3:00 pm    |            | 3:00 pm    | 3:00 pm    |            |
|            |            | 3:30 pm    |            | 3:30 pm    |            |            |            |
| 4:00 pm    | 4:00 pm    |            | 4:00 pm    |            | 4:00 pm    | 4:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm   |            |
|            |            |            |            |            |            |            |            |

| NOVEMBER 1 | NOVEMBER 2 | NOVEMBER 3 | NOVEMBER 4 | NOVEMBER 5 | NOVEMBER 6 | NOVEMBER 7 | TO DO LIST |
|------------|------------|------------|------------|------------|------------|------------|------------|
| SUNDAY     | MONDAY     | TUESDAY    | WEDNESDAY  | THURSDAY   | FRIDAY     | SATURDAY   |            |
| 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am    |            |
|            |            |            |            |            |            |            |            |
| 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am    |            |
|            |            |            |            |            |            |            |            |
| 9:00 am    | 9:00 am    |            | 9:00 am    |            | 9:00 am    | 9:00 am    |            |
|            |            | 9:30 am    |            | 9:30 am    |            |            |            |
| 10:00 am   | 10:00 am   |            | 10:00 am   |            | 10:00 am   | 10:00 am   |            |
|            |            |            |            |            |            |            |            |
| 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm   |            |
|            |            |            |            |            |            |            |            |
| 12:00 pm   | 12:00 pm   |            | 12:00 pm   |            | 12:00 pm   | 12:00 pm   |            |
|            |            | 12:30 pm   |            | 12:30 pm   |            |            |            |
| 1:00 pm    | 1:00 pm    |            | 1:00 pm    |            | 1:00 pm    | 1:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 3:00 pm    | 3:00 pm    |            | 3:00 pm    |            | 3:00 pm    | 3:00 pm    |            |
|            |            | 3:30 pm    |            | 3:30 pm    |            |            |            |
| 4:00 pm    | 4:00 pm    |            | 4:00 pm    |            | 4:00 pm    | 4:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm    |            |
|            |            |            |            |            |            |            |            |
| 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm   |            |
|            |            |            |            |            |            |            |            |

| NOVEMBER 8 | NOVEMBER 9 | NOVEMBER 10 | NOVEMBER 11 | NOVEMBER 12 | NOVEMBER 13 | NOVEMBER 14 | TO DO LIST |
|------------|------------|-------------|-------------|-------------|-------------|-------------|------------|
| SUNDAY     | MONDAY     | TUESDAY     | WEDNESDAY   | THURSDAY    | FRIDAY      | SATURDAY    |            |
| 7:00 am    | 7:00 am    | 7:00 am     | 7:00 am     | 7:00 am     | 7:00 am     | 7:00 am     |            |
|            |            |             |             |             |             |             |            |
| 8:00 am    | 8:00 am    | 8:00 am     | 8:00 am     | 8:00 am     | 8:00 am     | 8:00 am     |            |
|            |            |             |             |             |             |             |            |
| 9:00 am    | 9:00 am    |             | 9:00 am     |             | 9:00 am     | 9:00 am     |            |
|            |            | 9:30 am     |             | 9:30 am     |             |             |            |
| 10:00 am   | 10:00 am   |             | 10:00 am    |             | 10:00 am    | 10:00 am    |            |
|            |            |             |             |             |             |             |            |
| 11:00 pm   | 11:00 pm   | 11:00 pm    | 11:00 pm    | 11:00 pm    | 11:00 pm    | 11:00 pm    |            |
|            |            |             |             |             |             |             |            |
| 12:00 pm   | 12:00 pm   |             | 12:00 pm    |             | 12:00 pm    | 12:00 pm    |            |
|            |            | 12:30 pm    |             | 12:30 pm    |             |             |            |
| 1:00 pm    | 1:00 pm    |             | 1:00 pm     |             | 1:00 pm     | 1:00 pm     |            |
|            |            |             |             |             |             |             |            |
| 2:00 pm    | 2:00 pm    | 2:00 pm     | 2:00 pm     | 2:00 pm     | 2:00 pm     | 2:00 pm     |            |
|            |            |             |             |             |             |             |            |
| 3:00 pm    | 3:00 pm    |             | 3:00 pm     |             | 3:00 pm     | 3:00 pm     |            |
|            |            | 3:30 pm     |             | 3:30 pm     |             |             |            |
| 4:00 pm    | 4:00 pm    |             | 4:00 pm     |             | 4:00 pm     | 4:00 pm     |            |
|            |            |             |             |             |             |             |            |
| 5:00 pm    | 5:00 pm    | 5:00 pm     | 5:00 pm     | 5:00 pm     | 5:00 pm     | 5:00 pm     |            |
|            |            |             |             |             |             |             |            |
| 6:00 pm    | 6:00 pm    | 6:00 pm     | 6:00 pm     | 6:00 pm     | 6:00 pm     | 6:00 pm     |            |
|            |            |             |             |             |             |             |            |
| 7:00 pm    | 7:00 pm    | 7:00 pm     | 7:00 pm     | 7:00 pm     | 7:00 pm     | 7:00 pm     |            |
|            |            |             |             |             |             |             |            |
| 8:00 pm    | 8:00 pm    | 8:00 pm     | 8:00 pm     | 8:00 pm     | 8:00 pm     | 8:00 pm     |            |
|            |            |             |             |             |             |             |            |
| 9:00 pm    | 9:00 pm    | 9:00 pm     | 9:00 pm     | 9:00 pm     | 9:00 pm     | 9:00 pm     |            |
|            |            |             |             |             |             |             |            |
| 10:00 pm   | 10:00 pm   | 10:00 pm    | 10:00 pm    | 10:00 pm    | 10:00 pm    | 10:00 pm    |            |
|            |            |             |             |             |             |             |            |



| NOVEMBER 15 | NOVEMBER 16 | NOVEMBER 17 | NOVEMBER 18 | NOVEMBER 19 | NOVEMBER 20 | NOVEMBER 21 | TO DO LIST |
|-------------|-------------|-------------|-------------|-------------|-------------|-------------|------------|
| SUNDAY      | MONDAY      | TUESDAY     | WEDNESDAY   | THURSDAY    | FRIDAY      | SATURDAY    |            |
| 7:00 am     | 7:00 am     | 7:00 am     | 7:00 am     | 7:00 am     | 7:00 am     | 7:00 am     |            |
|             |             |             |             |             |             |             |            |
| 8:00 am     | 8:00 am     | 8:00 am     | 8:00 am     | 8:00 am     | 8:00 am     | 8:00 am     |            |
|             |             |             |             |             |             |             |            |
| 9:00 am     | 9:00 am     |             | 9:00 am     |             | 9:00 am     | 9:00 am     |            |
|             |             | 9:30 am     |             | 9:30 am     |             |             |            |
| 10:00 am    | 10:00 am    |             | 10:00 am    |             | 10:00 am    | 10:00 am    |            |
|             |             |             |             |             |             |             |            |
| 11:00 pm    | 11:00 pm    | 11:00 pm    | 11:00 pm    | 11:00 pm    | 11:00 pm    | 11:00 pm    |            |
|             |             |             |             |             |             |             |            |
| 12:00 pm    | 12:00 pm    |             | 12:00 pm    |             | 12:00 pm    | 12:00 pm    |            |
|             |             | 12:30 pm    |             | 12:30 pm    |             |             |            |
| 1:00 pm     | 1:00 pm     |             | 1:00 pm     |             | 1:00 pm     | 1:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 2:00 pm     | 2:00 pm     | 2:00 pm     | 2:00 pm     | 2:00 pm     | 2:00 pm     | 2:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 3:00 pm     | 3:00 pm     |             | 3:00 pm     |             | 3:00 pm     | 3:00 pm     |            |
|             |             | 3:30 pm     |             | 3:30 pm     |             |             |            |
| 4:00 pm     | 4:00 pm     |             | 4:00 pm     |             | 4:00 pm     | 4:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 5:00 pm     | 5:00 pm     | 5:00 pm     | 5:00 pm     | 5:00 pm     | 5:00 pm     | 5:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 6:00 pm     | 6:00 pm     | 6:00 pm     | 6:00 pm     | 6:00 pm     | 6:00 pm     | 6:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 7:00 pm     | 7:00 pm     | 7:00 pm     | 7:00 pm     | 7:00 pm     | 7:00 pm     | 7:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 8:00 pm     | 8:00 pm     | 8:00 pm     | 8:00 pm     | 8:00 pm     | 8:00 pm     | 8:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 9:00 pm     | 9:00 pm     | 9:00 pm     | 9:00 pm     | 9:00 pm     | 9:00 pm     | 9:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 10:00 pm    | 10:00 pm    | 10:00 pm    | 10:00 pm    | 10:00 pm    | 10:00 pm    | 10:00 pm    |            |
|             |             |             |             |             |             |             |            |

| NOVEMBER 22 | NOVEMBER 23 | NOVEMBER 24 | NOVEMBER 25 | NOVEMBER 26 | NOVEMBER 27 | NOVEMBER 28 | TO DO LIST |
|-------------|-------------|-------------|-------------|-------------|-------------|-------------|------------|
| SUNDAY      | MONDAY      | TUESDAY     | WEDNESDAY   | THURSDAY    | FRIDAY      | SATURDAY    |            |
| 7:00 am     | 7:00 am     | 7:00 am     | 7:00 am     | 7:00 am     | 7:00 am     | 7:00 am     |            |
|             |             |             |             |             |             |             |            |
| 8:00 am     | 8:00 am     | 8:00 am     | 8:00 am     | 8:00 am     | 8:00 am     | 8:00 am     |            |
|             |             |             |             |             |             |             |            |
| 9:00 am     | 9:00 am     |             | 9:00 am     |             | 9:00 am     | 9:00 am     |            |
|             |             | 9:30 am     |             | 9:30 am     |             |             |            |
| 10:00 am    | 10:00 am    |             | 10:00 am    |             | 10:00 am    | 10:00 am    |            |
|             |             |             |             |             |             |             |            |
| 11:00 pm    | 11:00 pm    | 11:00 pm    | 11:00 pm    | 11:00 pm    | 11:00 pm    | 11:00 pm    |            |
|             |             |             |             |             |             |             |            |
| 12:00 pm    | 12:00 pm    |             | 12:00 pm    |             | 12:00 pm    | 12:00 pm    |            |
|             |             | 12:30 pm    |             | 12:30 pm    |             |             |            |
| 1:00 pm     | 1:00 pm     |             | 1:00 pm     |             | 1:00 pm     | 1:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 2:00 pm     | 2:00 pm     | 2:00 pm     | 2:00 pm     | 2:00 pm     | 2:00 pm     | 2:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 3:00 pm     | 3:00 pm     |             | 3:00 pm     |             | 3:00 pm     | 3:00 pm     |            |
|             |             | 3:30 pm     |             | 3:30 pm     |             |             |            |
| 4:00 pm     | 4:00 pm     |             | 4:00 pm     |             | 4:00 pm     | 4:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 5:00 pm     | 5:00 pm     | 5:00 pm     | 5:00 pm     | 5:00 pm     | 5:00 pm     | 5:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 6:00 pm     | 6:00 pm     | 6:00 pm     | 6:00 pm     | 6:00 pm     | 6:00 pm     | 6:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 7:00 pm     | 7:00 pm     | 7:00 pm     | 7:00 pm     | 7:00 pm     | 7:00 pm     | 7:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 8:00 pm     | 8:00 pm     | 8:00 pm     | 8:00 pm     | 8:00 pm     | 8:00 pm     | 8:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 9:00 pm     | 9:00 pm     | 9:00 pm     | 9:00 pm     | 9:00 pm     | 9:00 pm     | 9:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 10:00 pm    | 10:00 pm    | 10:00 pm    | 10:00 pm    | 10:00 pm    | 10:00 pm    | 10:00 pm    |            |
|             |             |             |             |             |             |             |            |

| NOVEMBER 29 | NOVEMBER 30 | DECEMBER 1 | DECEMBER 2 | DECEMBER 3 | DECEMBER 4 | DECEMBER 5 | TO DO LIST |
|-------------|-------------|------------|------------|------------|------------|------------|------------|
| SUNDAY      | MONDAY      | TUESDAY    | WEDNESDAY  | THURSDAY   | FRIDAY     | SATURDAY   |            |
| 7:00 am     | 7:00 am     | 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am    |            |
|             |             |            |            |            |            |            |            |
| 8:00 am     | 8:00 am     | 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am    |            |
|             |             |            |            |            |            |            |            |
| 9:00 am     | 9:00 am     |            | 9:00 am    |            | 9:00 am    | 9:00 am    |            |
|             |             | 9:30 am    |            | 9:30 am    |            |            |            |
| 10:00 am    | 10:00 am    |            | 10:00 am   |            | 10:00 am   | 10:00 am   |            |
|             |             |            |            |            |            |            |            |
| 11:00 pm    | 11:00 pm    | 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm   |            |
|             |             |            |            |            |            |            |            |
| 12:00 pm    | 12:00 pm    |            | 12:00 pm   |            | 12:00 pm   | 12:00 pm   |            |
|             |             | 12:30 pm   |            | 12:30 pm   |            |            |            |
| 1:00 pm     | 1:00 pm     |            | 1:00 pm    |            | 1:00 pm    | 1:00 pm    |            |
|             |             |            |            |            |            |            |            |
| 2:00 pm     | 2:00 pm     | 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm    |            |
|             |             |            |            |            |            |            |            |
| 3:00 pm     | 3:00 pm     |            | 3:00 pm    |            | 3:00 pm    | 3:00 pm    |            |
|             |             | 3:30 pm    |            | 3:30 pm    |            |            |            |
| 4:00 pm     | 4:00 pm     |            | 4:00 pm    |            | 4:00 pm    | 4:00 pm    |            |
|             |             |            |            |            |            |            |            |
| 5:00 pm     | 5:00 pm     | 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm    |            |
|             |             |            |            |            |            |            |            |
| 6:00 pm     | 6:00 pm     | 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm    |            |
|             |             |            |            |            |            |            |            |
| 7:00 pm     | 7:00 pm     | 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm    |            |
|             |             |            |            |            |            |            |            |
| 8:00 pm     | 8:00 pm     | 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm    |            |
|             |             |            |            |            |            |            |            |
| 9:00 pm     | 9:00 pm     | 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm    |            |
|             |             |            |            |            |            |            |            |
| 10:00 pm    | 10:00 pm    | 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm   |            |
|             |             |            |            |            |            |            |            |

| DECEMBER 6 | DECEMBER 7 | DECEMBER 8 | DECEMBER 9 | DECEMBER 10 | DECEMBER 11 | DECEMBER 12 | TO DO LIST |
|------------|------------|------------|------------|-------------|-------------|-------------|------------|
| SUNDAY     | MONDAY     | TUESDAY    | WEDNESDAY  | THURSDAY    | FRIDAY      | SATURDAY    |            |
| 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am    | 7:00 am     | 7:00 am     | 7:00 am     |            |
|            |            |            |            |             |             |             |            |
| 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am    | 8:00 am     | 8:00 am     | 8:00 am     |            |
|            |            |            |            |             |             |             |            |
| 9:00 am    | 9:00 am    |            | 9:00 am    |             | 9:00 am     | 9:00 am     |            |
|            |            | 9:30 am    |            | 9:30 am     |             |             |            |
| 10:00 am   | 10:00 am   |            | 10:00 am   |             | 10:00 am    | 10:00 am    |            |
|            |            |            |            |             |             |             |            |
| 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm   | 11:00 pm    | 11:00 pm    | 11:00 pm    |            |
|            |            |            |            |             |             |             |            |
| 12:00 pm   | 12:00 pm   |            | 12:00 pm   |             | 12:00 pm    | 12:00 pm    |            |
|            |            | 12:30 pm   |            | 12:30 pm    |             |             |            |
| 1:00 pm    | 1:00 pm    |            | 1:00 pm    |             | 1:00 pm     | 1:00 pm     |            |
|            |            |            |            |             |             |             |            |
| 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm    | 2:00 pm     | 2:00 pm     | 2:00 pm     |            |
|            |            |            |            |             |             |             |            |
| 3:00 pm    | 3:00 pm    |            | 3:00 pm    |             | 3:00 pm     | 3:00 pm     |            |
|            |            | 3:30 pm    |            | 3:30 pm     |             |             |            |
| 4:00 pm    | 4:00 pm    |            | 4:00 pm    |             | 4:00 pm     | 4:00 pm     |            |
|            |            |            |            |             |             |             |            |
| 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm    | 5:00 pm     | 5:00 pm     | 5:00 pm     |            |
|            |            |            |            |             |             |             |            |
| 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm    | 6:00 pm     | 6:00 pm     | 6:00 pm     |            |
|            |            |            |            |             |             |             |            |
| 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm    | 7:00 pm     | 7:00 pm     | 7:00 pm     |            |
|            |            |            |            |             |             |             |            |
| 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm    | 8:00 pm     | 8:00 pm     | 8:00 pm     |            |
|            |            |            |            |             |             |             |            |
| 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm    | 9:00 pm     | 9:00 pm     | 9:00 pm     |            |
|            |            |            |            |             |             |             |            |
| 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm   | 10:00 pm    | 10:00 pm    | 10:00 pm    |            |
|            |            |            |            |             |             |             |            |

| DECEMBER 13 | DECEMBER 14 | DECEMBER 15 | DECEMBER 16 | DECEMBER 17 | DECEMBER 18 | DECEMBER 19 | TO DO LIST |
|-------------|-------------|-------------|-------------|-------------|-------------|-------------|------------|
| SUNDAY      | MONDAY      | TUESDAY     | WEDNESDAY   | THURSDAY    | FRIDAY      | SATURDAY    |            |
| 7:00 am     | 7:00 am     | 7:00 am     | 7:00 am     | 7:00 am     | 7:00 am     | 7:00 am     |            |
|             |             |             |             |             |             |             |            |
| 8:00 am     | 8:00 am     | 8:00 am     | 8:00 am     | 8:00 am     | 8:00 am     | 8:00 am     |            |
|             |             |             |             |             |             |             |            |
| 9:00 am     | 9:00 am     |             | 9:00 am     |             | 9:00 am     | 9:00 am     |            |
|             |             | 9:30 am     |             | 9:30 am     |             |             |            |
| 10:00 am    | 10:00 am    |             | 10:00 am    |             | 10:00 am    | 10:00 am    |            |
|             |             |             |             |             |             |             |            |
| 11:00 pm    | 11:00 pm    | 11:00 pm    | 11:00 pm    | 11:00 pm    | 11:00 pm    | 11:00 pm    |            |
|             |             |             |             |             |             |             |            |
| 12:00 pm    | 12:00 pm    |             | 12:00 pm    |             | 12:00 pm    | 12:00 pm    |            |
|             |             | 12:30 pm    |             | 12:30 pm    |             |             |            |
| 1:00 pm     | 1:00 pm     |             | 1:00 pm     |             | 1:00 pm     | 1:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 2:00 pm     | 2:00 pm     | 2:00 pm     | 2:00 pm     | 2:00 pm     | 2:00 pm     | 2:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 3:00 pm     | 3:00 pm     |             | 3:00 pm     |             | 3:00 pm     | 3:00 pm     |            |
|             |             | 3:30 pm     |             | 3:30 pm     |             |             |            |
| 4:00 pm     | 4:00 pm     |             | 4:00 pm     |             | 4:00 pm     | 4:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 5:00 pm     | 5:00 pm     | 5:00 pm     | 5:00 pm     | 5:00 pm     | 5:00 pm     | 5:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 6:00 pm     | 6:00 pm     | 6:00 pm     | 6:00 pm     | 6:00 pm     | 6:00 pm     | 6:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 7:00 pm     | 7:00 pm     | 7:00 pm     | 7:00 pm     | 7:00 pm     | 7:00 pm     | 7:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 8:00 pm     | 8:00 pm     | 8:00 pm     | 8:00 pm     | 8:00 pm     | 8:00 pm     | 8:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 9:00 pm     | 9:00 pm     | 9:00 pm     | 9:00 pm     | 9:00 pm     | 9:00 pm     | 9:00 pm     |            |
|             |             |             |             |             |             |             |            |
| 10:00 pm    | 10:00 pm    | 10:00 pm    | 10:00 pm    | 10:00 pm    | 10:00 pm    | 10:00 pm    |            |
|             |             |             |             |             |             |             |            |

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